

# KARDINYA PRIMARY SCHOOL

Kardy Café - Term 4 2018

Open every Friday



## RECESS

<b>Cheesies</b>	<b>\$1.00</b>
½ bun with pizza sauce and cheese	
<b>Muffin (varies weekly)</b>	<b>\$1.00</b>
<b>Pikelets</b>	<b>50c</b>
<b>Seasonal fruit</b>	
<b>Popcorn</b>	<b>50c</b>

## LUNCH

<b>'Popcorn' Chicken Wrap</b>	
Chicken strips with a lightly spiced flour coating served with lettuce, cucumber and carrot. Mayonnaise OR avocado spread.	
	<b>\$5.00</b>
<b>Vegetarian Wrap</b>	
Egg OR Cheese and Salad wrap	
	<b>\$4.00</b>
<b>Sausage Roll</b>	<b>\$3.50</b>
Four 'N Twenty Snack size	
Sauce sachet	<b>50c</b>
<b>Pizza</b>	<b>\$4.00</b>
Tropical (ham, cheese, pineapple)	
Ham and cheese	
Vegetarian	
<b>Sushi (2 hand rolls)</b>	<b>\$5.50</b>
Chicken	
Tuna	
Vegetarian	



## SANDWICHES

All sandwiches are made with wholemeal bread and are not buttered.

<b>Ham and Cheese</b>	<b>\$3.50</b>
<b>Ham OR Cheese OR Egg and Salad</b>	<b>\$3.90</b>
<b>Vegetemite</b>	<b>\$2.50</b>
<b>Cheese</b>	<b>\$3.00</b>
<b>Cheese and Vegemite</b>	<b>\$3.20</b>
<b>Curried Egg</b>	<b>\$3.00</b>

### Extras :

Salad – cucumber, carrot, lettuce, tomato	<b>50c</b>
Toasted	<b>20c</b>

## ALWAYS AVAILABLE

<b>Frozen yoghurt</b>	<b>\$2.00</b>
<b>Scooby Doo</b>	<b>\$1.50</b>
<b>Quelch Icopyles</b>	half <b>50c</b>
	Full <b>\$1.00</b>

## DRINKS

Bottled water	<b>\$1.00</b>
Plain reduced fat milk (200 ml)	<b>60c</b>
Sippah straws	<b>40c</b>
Flavoured milks 300mL	<b>\$2.00</b>
Chocolate	
Strawberry	
<i>Both available frozen</i>	
<b>99% Fruit juice 250mL</b>	<b>\$1.80</b>
(Nudie Fruit juice)	
<b>Glee</b>	<b>\$2.00</b>
Milo – Cold or Warm	<b>\$1.20</b>



### Canteen contacts for Fridays:

Sam French and Mel James  
contact via school 9312 4900  
(Fridays only)  
[Kardinyapca@live.com](mailto:Kardinyapca@live.com)

### Ordering options:

- 1) Classroom box (change provided)
- 2) Thursdays or Fridays from 0835 at the canteen  
**Cash or direct debit (use child's name as reference)**  
**BSB: 036 084**  
**ACCT: 128435**
- 3) Quickcliq – register online at [quickcliq.com.au](http://quickcliq.com.au) or more details avail from canteen

We follow the Dept of Education Healthy Food and Drink Policy and Traffic Light system.  
**Green** foods are majority of menu  
**Amber** foods are limited  
**Red** foods are not sold

Sushi and Sausage Rolls are purchased externally, all other food items are canteen made

**Our Sushi is purchased from Ming Lee and must be preordered by Thursday 9am** via box in admin, canteen window Thursday or quickcliq. Change will be given on Friday in lunch order. The canteen is not managed by the school so please use contacts above if there are any queries.

**Pizza must also be preordered by Thursday 9am**

Kardinya PS is an allergy aware school. No nuts are used in the canteen, however we cannot guarantee that our commercial products have not been produced in factories containing nuts