

Kardinya PS
CANTEEN MENU
 Term 1, 2021
 Open every Friday



We follow the Department of Education Healthy Food and Drink Policy and Traffic Light System.

Green foods are majority of menu
Amber foods are limited
Red foods are not sold
Purple indicates not yet rated



RECESS

Pizza Cheesie	\$1.00
½ bun with pizza sauce and cheese, toasted	
Muffin varies weekly (GFO)	\$1.00
Biscuit varies weekly	50c
Pikelet	50c
Popcorn	30c

DRINKS

Bottled water	\$1.00
Plain reduced fat milk (225 ml)	\$1.20
Sipahh straw	60c
Choc, raspberry, choc mint, caramel	
Flavoured milk 300ml	\$2.30
Chocolate, strawberry	
Also available FROZEN	
99% Fruit juice 250mL	\$1.50
Orange, apple, tropical	
Juice Bomb (carbonated fruit juice)	\$2.00
Apple & coola, lemonade, orange passio, apple & blackcurrant	



LUNCHES



Mini Cheese Burger (egg free)	\$4.00
Beef patty with cheese and tomato sauce	
Mini Veggie Burger	\$3.50
Popcorn Chicken Wrap (egg free)	\$5.00
Crispy baked chicken pieces with mayonnaise and salad in a wrap	
Sushi* (2 hand rolls)	\$6.00
Chicken	
Tuna	
Vegetarian (V)	
Teriyaki Chicken*	\$6.00
Teriyaki chicken served with steamed rice and edamame beans	
Sausage Roll*	
Four 'n' Twenty snack size	\$3.50
Gluten free	\$4.20
Sauce sachet	30c

FROZEN TREATS

Frozen yoghurt	\$2.00
Chocolate, strawberry	
Paddle Pop	\$1.50
Quelch Icpole	half 50c
	full \$1.00



SANDWICHES



Sandwiches made with wholemeal bread and not buttered unless requested.

Ham & Cheese	\$3.00
Egg & Salad	\$3.00
Vegemite	\$2.00
Cheese	\$2.50
Curried Egg	\$2.50
Extras:	
Salad	50c
Cucumber, carrot, lettuce, tomato	
Toasted	20c
Ham, Egg or Cheese	50c ea

Canteen contacts:

9312 4900 (Fridays only)
 OR
Kardinyapca@live.com (any day)
 New volunteers are always welcome.
 Please contact us if you are able to help.

Ordering options:

- 1) Classroom box **OR** P&C box at school admin **by 9am Friday**
 Cash (change provided with lunch) **OR** bank transfer (use child's name as reference)
 BSB: 036 084
 ACCT: 128435
- 2) QuickCliq – register online at quickcliq.com.au or email us for more details.
 Orders close **8am Friday**

*purchased externally. All other items are canteen made, excluding bread. Sushi and teriyaki chicken purchased from Ming Lee.
 V = vegetarian; GFO = gluten free option - please indicate requirements when ordering. The canteen is P&C managed and NOT managed by the school so please use contacts above if there are any queries. Kardinya PS is an allergy aware school. No nuts are used in the canteen, however we cannot guarantee that our commercial products have not been produced in factories containing nuts.